

## Start here

## Preparing for injection

## Injecting with the Benepali® pen

### How to inject Benepali® with the Benepali® pen

The Benepali® pen's press-to-inject design has **no button to push**, helping to **simplify** proper injection. **Compact and lightweight**, it's the **button-free** autoinjector for etanercept from Biogen. Etanercept is the active ingredient in Benepali®.

This guide is designed to offer quick reference for how to inject safely and effectively.

Before injecting Benepali®, please refer to the **Instructions for Use and Package Leaflet** for important information you should remember. This includes information on possible allergic reactions, side effects, and circumstances under which Benepali® should not be used.

(PPPen) EN v 1.1.

### Gather your supplies

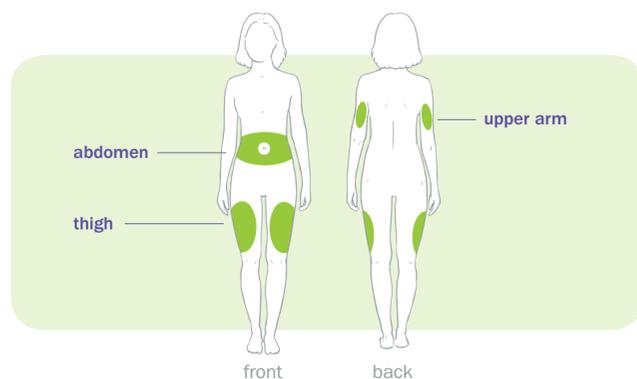
#### Find a clean, well-lit surface and gather:

Not included in pack:



**A new, pre-filled Benepali® pen autoinjector**  
(remove from carton stored in refrigerator)

**A single-use pre-filled pen contains one 50 mg dose of Benepali.**



### Inspect carefully

#### Inspect the Benepali® pen

**Do not** use the pen past the **expiration date**.

**Do not** use if dropped on a hard surface as components inside may be broken.

**Do not** shake the pen.

Do not use if the **blue needle cap** is not securely attached.

#### Inspect the medication

Look through the **viewing window**. The medication should appear clear or slightly opalescent, colourless or pale yellow, and may contain small white or almost transparent particles of protein.

**Do not** use the medication if it is discoloured, cloudy, or if particles other than those described above are present.

### Let medication reach room temperature

#### Allow 30 minutes

Leave the Benepali® pen out at room temperature for at least 30 minutes. This makes the medication easier and more comfortable to inject.

Keep out of reach of any children.

**Do not** use heat sources such as a microwave or hot water to warm the medication.

**Do not** remove the blue needle cap.



**Wait 30 minutes before using medication**

### Select your injection site

#### Choose where to inject

The Benepali® pen is for injection under the skin (subcutaneous injection). It should be injected into the thigh, abdomen (at least 5 cm away from the belly button), or back of the upper arm.

Use a different site for each injection. Each new injection site should be given at least 3 cm (or the width of 3 fingers) from an old site.

**Do not** inject into areas that are red, hard, bruised or tender, or into scars or stretch marks.

If you have psoriasis, **do not** inject into any raised, thick, red or scaly skin patches (psoriasis skin lesions).



## Injecting with the Benepali® pen



#### Wash hands

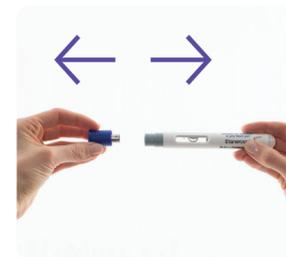
Use soap and water.



#### Clean injection site

Wipe the skin at the injection site with an alcohol swab.

**Do not** touch this area again before injecting.



#### Remove needle cap

Pull the blue needle cap straight off.

**Do not** twist or bend the blue needle cap while removing which may damage the needle.

Never recap the needle.

Dispose of cap in the sharps container.



#### Stretch skin, position pen

Gently stretch the skin at the injection site.

Position the Benepali® pen at approximately **90 degrees** to the skin.

**Do not** pinch the skin.

Listen for 2 clicks while pressing



#### Press firmly to start

Firmly grip the Benepali® pen and press down into the site to start the injection (there is no button to push).

The pen will **first click** when the injection begins – do not lift the pen up yet.

**Continue to hold** the pen firmly pressed into the site.

Listen for a **second click**.

Keep pressing for 15s



#### Count to 15 after 2nd click

Once you hear the **second click**, **count slowly to 15** while continuing to press into the injection site to complete proper injection.

**Do not** release pressure against the injection site or move the Benepali® pen before injection is complete.

Check yellow plunger



#### Remove and confirm

Lift empty pen off skin.

The needle guard will completely cover the needle.

**Check** that the yellow plunger rod extends through the viewing window to confirm that the full dose has been delivered.

## After the injection



#### Dispose of pen properly

Dispose of the empty Benepali® pen in an approved sharps container. Check with your healthcare provider for instructions on how to properly dispose of a filled sharps container.

**Do not** throw the sharps container in household bin or recycle it.

Always keep the container out of the sight and reach of children.

#### Check injection site

If there is bleeding, press a cotton ball or gauze pad over the injection site.

**Do not** rub the injection site.

If needed, cover with a plaster.



## Patients

### Questions?

Ask your doctor or nurse.

Refer to your **Instructions for Use** and package leaflet for local representative telephone numbers.

Reporting of Side Effects

If you get any side effects, please talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in the package leaflet. You can also report side effects directly via [www.medicinesauthority.gov.mt](http://www.medicinesauthority.gov.mt). By reporting side effects you can help provide more information on the safety of this medicine.

▼ This medicine is subject to additional monitoring. Reporting suspected adverse events or reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse events or reactions.

**Adverse events can be reported directly via:**

**Malta**

Pharma.MT limited

Tel: +356 213 37008/9

**Malta Medicines Authority**

ADR Reporting details:

[www.medicinesauthority.gov.mt/](http://www.medicinesauthority.gov.mt/)  
adrportal

## ▼ BENEPAI® PEN

QUICK REFERENCE GUIDE

**Benepali®**

(PPPen) EN v 1.1

Approved: 02 / 2016

**Benepali® Pen**

**Autoinjector**

Read the **Instructions For Use** that come with Benepali<sup>®</sup> completely before using the Benepali<sup>®</sup> pen and each time you get a prescription refill as there may be new information. This **Quick Reference Guide** is not intended to replace those instructions.

**Do not** try to give yourself the injection unless you have received training from your doctor or nurse.

(PFPen) EN v 1.1.1.

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