



# What you should know about MabThera<sup>®</sup>

Important safety information for patients  
receiving MabThera<sup>®</sup> therapy

## What you should know about MabThera<sup>®</sup>

If you have rheumatoid arthritis (RA), then finding the right treatment is very important. With the current range of drugs available to treat RA, many people find the relief they need.

It is important to know about the benefits and the risks of any drug. Finding the balance between the two will lead to a treatment that works best for you.

MabThera<sup>®</sup> is used to treat RA in people who have already tried some other medicines which have either stopped working, have not worked well enough or have caused side effects. MabThera<sup>®</sup> is usually taken together with another medicine.

Please note that MabThera<sup>®</sup> has currently only been approved for the treatment of Rheumatoid Arthritis and some specific cancer diseases.

This brochure will answer some of the questions you may have about the side effects and potential risks of MabThera<sup>®</sup>. It will help you and your doctor decide if MabThera<sup>®</sup> is the right treatment for you. This brochure does not take the place of speaking to your doctor or nurse.

## About this guide

This brochure is for patients who are being treated with MabThera<sup>®</sup> (rituximab) for conditions other than cancer – please read it carefully.

- If you have any further questions, ask your doctor or nurse.

Like all medicines, MabThera<sup>®</sup> can cause side effects, although not everybody gets them. Most side effects are mild to moderate but some may be serious and require treatment. Very rarely, some of these reactions have led to death.

This brochure focuses on important or serious side effects you should be aware of.

- See the MabThera<sup>®</sup> package leaflet for more information on possible side effects due to MabThera<sup>®</sup>.
- If you are receiving MabThera<sup>®</sup> in combination with other medicines, some of the side effects you may experience may be due to the other medicine.
- Please make sure you have a list of all your other medicines with you at any visit to a healthcare professional, such as a doctor, nurse or dentist.
- If any of the side effects gets serious, please tell your doctor, nurse or pharmacist (chemist) immediately.

## Infections

- MabThera<sup>®</sup> is a drug that affects your immune system. MabThera<sup>®</sup> may make you more likely to get infections. These may be serious and require treatment – so it is very important to report any signs of infections to your doctor or nurse immediately.
- The following are all possible signs of infection:
  - Fever or persistent cough
  - Weight loss
  - Pain without injuring yourself
  - Feeling generally unwell or tired/lacking energy.

- **Tell your doctor or nurse about any side effects you may have**
- **The side effects listed in this brochure are not all of the possible side effects with MabThera<sup>®</sup>**
- **Ask your doctor for more information**

## PML

- Very rarely, some patients taking MabThera<sup>®</sup> for the treatment of RA have had a serious brain infection, which can lead to death.
- This infection is called progressive multifocal leukoencephalopathy (usually referred to as PML).
- PML is a rare disease of the central nervous system (the brain and spinal cord). The central nervous system controls the body's actions and activities, such as movement and balance. PML can lead to severe disability and can cause death.
- Symptoms can vary and may include memory loss, trouble thinking, difficulty with walking or loss of vision.
- PML is caused by a virus, known as JC virus. In most healthy adults, the virus lies dormant (inactive) and is therefore harmless.
- It is unknown exactly why the JC virus is reactivated in some individuals, but it may be linked to having lowered immunity (protection).

### **Prior to MabThera<sup>®</sup> treatment, tell your doctor or nurse if you:**

- Have an active infection or serious problem with your immune system.
- Are taking or have taken medicines in the past which may affect your immune system, such as chemotherapy, immunosuppressive agents or other medicines that affect the immune system.
- Think you may have an infection, even a mild one like a cold. The cells that are affected by MabThera<sup>®</sup> help to fight infection and you should wait until the infection has passed before you are given MabThera<sup>®</sup>.
- Have had a lot of infections in the past or suffer from severe infections.

- Think you may need any vaccinations in the near future, including vaccinations needed to travel to other countries. Some vaccines should not be given at the same time as MabThera<sup>®</sup> or in the months after you receive MabThera<sup>®</sup>. Your doctor will check if you should have any vaccines before you receive MabThera<sup>®</sup>.

### **During or after treatment with MabThera<sup>®</sup>**

- If you develop symptoms of an infection, such as fever, persistent cough, sore throat, weight loss, burning pain when passing urine, pain without injuring yourself, or feeling weak or generally unwell, inform a doctor or nurse about these symptoms and about your MabThera<sup>®</sup> treatment immediately.
- If you develop symptoms of PML, such as memory loss, trouble thinking, difficulty with walking or loss of vision, it is very important that you inform your doctor or nurse straight away.

#### **You should tell your doctor or nurse immediately if you experience any of these symptoms:**

- Confusion, memory loss or problems thinking
- Loss of balance or a change in the way you walk or talk
- Decreased strength or weakness on one side of your body
- Blurred vision or loss of vision

## Patient Alert Card

- Your doctor should give you a copy of the MabThera<sup>®</sup> Patient Alert Card every time you have a MabThera<sup>®</sup> infusion.
- The Alert Card contains important safety information that you need to be aware of before you are given MabThera<sup>®</sup> and during and after treatment with MabThera<sup>®</sup>.
- Keep the Alert Card with you all the time – for example, keep it in your wallet or purse.
- Show the Alert Card to **any** doctor, nurse or dentist you see – not just the specialist who prescribes your MabThera<sup>®</sup>.
- You should also tell your partner or caregiver about your treatment, and show them the Alert Card, since they may notice symptoms that you are not aware of.
- As the effect on the immune system caused by MabThera<sup>®</sup> can last for several months, side effects may occur even after you have stopped treatment. Please therefore keep the Alert Card with you for 2 years after the last dose of MabThera<sup>®</sup>.

### Keep the Patient Alert Card with you at all times

- Show it to your partner or caregiver
- Show it to any healthcare professional you see, for example your doctor, nurse or dentist
- Keep it for 2 years after your last dose of MabThera<sup>®</sup>

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